

# All Aboard

<b>Type</b>	Active activity that can be done anywhere. Works on physically supporting everyone in the group.
<b>Group Size</b>	Any size group.
<b>Equipment</b>	Something that can support the entire weight of the group. A gym mat would work.
<b>Scenario</b>	The group's ship has sunk and they are now swimming in shark infested waters. Every once in a while a shark comes along to see if there is anyone in the water that can be eaten.
<b>Objective</b>	To get everyone onto a small support with no one being eaten by the shark.
<b>Rules</b>	<ol style="list-style-type: none"><li>1. The group is standing around the support object.</li><li>2. When the facilitator yells "shark", the group has 60 seconds to get everyone onto that object of support and hold it for 10 seconds before the shark (you) gets there and swims around looking for someone to eat.</li><li>3. If the shark finds someone not fully supported by the object, the shark will take that person out of the game and have them sit on the side and observe and be prepared to share their observations of the group during the debrief.</li><li>4. Each time the shark leaves, everyone has to get off of the object and "tread water" around the object or it will sink.</li><li>5. The challenge can be over when the first person is eaten by the shark with the objective being to have no one die or when the shark is unable to eat anyone after three times in a row of swimming around.</li></ol>
<b>Variations</b>	<hr/> <hr/>
<b>Note</b>	<ul style="list-style-type: none"><li>• Normally I would not encourage having elimination setups but with this activity, it can be interesting to see what happens when the objective has an "everyone for themselves" attitude.</li><li>• This activity can have some powerful lessons for any group, beginning or experienced. Use it carefully and make sure you do a good job of the debrief to pull the lessons out.</li><li>• I would suggest doing this activity a few times and increasing the objective to the point where no one is allowed to die and if they do, they have failed at the challenge.</li><li>• Make sure that whatever you use to support the group can actually support the group. Much to my surprise, a picnic table cannot support sixty grade 7 students.</li></ul>