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| Name of Activity | Helium Stick |
| What grade level did you do it with? | any ( best for group and leadship building in older grades) |
| What materials did you need to provide? | A long tent pole |
| What materials did your students need to provide? | none |
| What materials did you use from the natural outdoor environment? | could use a long branch instead of a tent pole |
| Describe your activity with as much detail as possible. | Have students stand there with arms out in tow lines facing each other. have students point, the pointer finger out. Place the tent pole on top of everybodies pointed fingers. Each persons finger must stay in contact with the pole now the whole group needs to lower the pole to the ground while each person touches the pole. Try the activies with different sizes of groups. Easier with small groups, harder with bigger groups. |
| Describe how the activity went with the students and how you would adjust it the next time you do it. | Students get so confused what the pole always goes up. students start to talk with each other about who is not doing it and who's fault it is. Talk with them about solving the problem not just blaming people.  Eventually a student or two will start to take charge and others will follow |
| Describe the location that you did the activity in including proximity to the school. | can be done anywhere, inside, outside, where ever you have enough room to line the class up in two lines. |
| Describe any challenges that you or your students experienced in planning or doing the activity and how they were dealt with. | Trying with a small group 4-6 first can backfire as the group can usually it quickly. Larger groups have a harder time. Doing in small groups, then a big group can be used to explain how hard it is to get more people to do the same things over small groups. |