What Are You Doing?

Type Active activity that can be done anywhere.
Works on breaking down barriers between group members by having them act out actions in front of each other.

Group Size Any group size.

Equipment None.

Objective To act out the action described by the person in the middle.

Rules

1. Everyone stands in a large circle.
2. One steps into the center and begins to act out some action like taking out the garbage.
3. The next person in line steps into the center and asks this person, “What are you doing?”
4. The person in the center responds by stating that s/he is doing something else like, “I am washing the dishes.”
5. The person who asked the question takes the place of the person in the middle and begins acting out the action that the previous person described which in our example was washing the dishes.
6. The next person in line steps in and so on until everyone in the circle has gone at least once.

Variations

1. Call out specific accents or moods that the people have to ask their questions or act out the actions in.

Notes

- Encourage people to start working on their imagination and humor with this warm up and see if they can come up with descriptions that might actually match their actions in a funny way or that are completely different from their actions.